

10TH ANNIVERSARY SUMMER!



**SPRING 2010
EDITION**

P.O. Box 20126, Dix Hills, NY 11746 • Phone: 631.462.2550 • www.iroquoissprings.com

A NOTE FROM MARK AND LAURA

It's official - the summer is here! Well, maybe not quite yet, but as far as we are concerned it might as well be. Once April 1st hits, the shorts come on and we are ready to go. The winter office moves up to Rock Hill on May 12th, where we get fully immersed into another summer. By the time this newsletter hits your mailboxes, the weather will be warm and spring will officially be here.

We love spring - it's really the start of so many new things as the trees come into bloom and the flowers become colorful, we really set our minds towards another summer. Moving up to camp in May is the most exciting part of the spring for us. The group starts small - at first just the full-time staff, some food service and maintenance staff who gather in the dining room for meals and laughter - then day by day, others start to arrive and the summer is underway before we know it. This ritual has taken place spring after spring for the last 10 years, and it helps to set the tone for the family environment we foster each summer.

As we head full steam towards summer number 10, it is hard to believe all that has been accomplished in such a short period of time. Ten years ago, the campus looked so different than it does today - we've added pools and ball fields, renovated each and every cabin, rebuilt the dining room, the office and administration building, health center, staff cabins - we've redesigned the camp program to include more electives, creative special events, new out of camp trips - we've built up a thriving CIT program, hired the most dynamic, enthusiastic and dedicated staff members and so much more. Most importantly, we are proud that we've developed a culture at Iroquois Springs that centers around camaraderie, acceptance, sportsmanship, caring about others and traditions. Thank you for being a part of something so special.

As we "officially" gear up for #10, we are literally counting down the days until we are all together again in our summer home in Rock Hill. See you all soon!

*With Love,
Mark and Laura*



Countdown To Camp

★ **56 DAYS** ★

From May 1st

BOYS SIDE STUFF with Josh Bogard

When you hear the number 100, you most likely think of the last math test or vocabulary quiz that you took because we are all still in "school mode." Well, almost as importantly, the number 100 represents the number of days until the first day of camp. It's time to begin packing those duffle bags and getting them ready to go! It's here - Iroquois Springs Summer 2010 is really just a few short weeks away and, oh my, do we have a fantastic, fun-filled summer planned for you! If you are anything like me, you started your countdown weeks ago and are looking forward to crossing off another day on your calendar tomorrow.

As you read this, the golf carts are being filled with gas, the soccer and baseball fields are being lined with paint and Dennis and his crew are cutting the grass on Boys Side. The only thing missing in this picture is you, the campers. You guys will be in camp before you know it. During the past few weeks, I have had the opportunity to speak with many of your favorite returning counselors and even some of the new ones. This really seems as if it is going to be one of the best groups of counselors that have ever worked on Boys Side. The returning counselors are excited to pick up right where they left off, and the new counselors can't wait to jump into the action. I have recently been in touch with all of the Boys Group Leaders and they can't wait to lead their divisions and join in all of the fun with you throughout the summer too.

We are currently in the process of picking your teams for Leagues and selecting your big and hope many of you have been hitting the gym so you can represent your division in this year's Boys Side Strong Man Competition. In only a few short weeks, we will be listening to the morning announcements blaring over the Boys Side speakers reminding you to drink water and re-apply your suntan lotion. I look forward to all of us trading in our pencils and notebooks for campfires, friends and fun.

Remember to do all of your homework and study hard for the next 100 days.

Josh

P.S. There is going to be a reward for the most unique "30 Seconds of Fame" at the end of each session; feel free to begin practicing your jokes, crazy human tricks and other various circus acts now.

little brothers. I



GIRLS SIDE GAB with Rosie Bogard

Now that spring has arrived, I cannot stop thinking about the upcoming summer. I hope everyone is doing well and are just as excited about the summer of 2010 as my family is. This summer is going to be filled with new program areas, new evening activities, new special days and much, much more. In addition to all the new stuff going on this summer, I am looking forward to the carnival, trip days, Clue, Tribals and of course, Color Week. For those of you coming to Iroquois Springs for the first time this summer, I cannot wait to watch you at all of these activities, and I am confident in saying that this will be the best summer you've ever had. For all of our returning campers, get ready for another amazing summer experience. Summers at IS are not only filled with activities, but are filled with memories that will last a lifetime. The friendships that you make at camp are ones that will last a lifetime.



This year on Girls Side, I am looking forward to a lot of camp spirit, a new Girls Side song (can't get last year's out of my head), divisional activities and anything else your wonderful group leaders do to ensure that this is a summer you will never forget. Your group leaders are already thinking of all the great things they have planned for you! They are bursting with energy and new ideas.

I have been going to camp since I was 7 years old, and as the Girls Head Counselor I am looking forward to making sure that each and every one of you has the best summer ever because there is truly no place like camp. Continue working hard in school and being nice to each other.....See you soon!

Rosie

NOTES FROM BUBBA'S CLIPBOARD



Can you believe it? You can almost smell it in the air. The time has finally come.

The snow has melted, spring weather has hit the northeast and my shorts are on for the season. Well, maybe the shorts are not a surprise, but summer is rapidly approaching. In just a few short weeks, we will be moving our office up to Rock Hill and then we know for sure that summer is finally here! For all of you, we know that in just a few short months you will be wrapping up your loose ends at home, taking those last final exams and zipping up your bags for camp, all in preparation for another extraordinary summer together.

We have been very hard at work here for the last six months, scouring the country and overseas as well, for incredible staff to bring to camp this summer. I am confident that we have brought back some of our best from summers gone by and found some incredibly talented, skilled, caring and charismatic people who are going to make Iroquois Springs such a wonderful place again this summer. We have a fantastic return rate for our counselor staff and close to a 100% return rate for our Leadership Team, something to be very proud of!

There is so much to look forward to this summer, it's hard to always put it into words. Some of us come to camp to learn a new skill, others come back to see all the familiar faces from summers gone by, while others find themselves in camp for so many different reasons. What all of our campers have in common though is one very important fact – that your parents understand the value of camp, and have made the commitment to send you to such an extraordinary place like Iroquois Springs. We certainly understand that some families have had to cut back in the past years, but we truly thank all of our camp families for sticking with us and giving their children the opportunity to experience camp together in Rock Hill. Before you step on the bus this summer or get out of your car at the gates that enter camp, make sure to say THANK YOU to your parents as well for giving you this wonderful gift of camp.

I know for all of us, the spring is an exciting time for so many reasons. What is so great is that we all get the camp "buzz" together. For all of our first time campers, this is an exciting time to experience something new, the first time to prepare for your overnight camp experience and the thoughts of what will be in store for the summer ahead. Returning campers are looking forward to picking up where they left off last summer, and continuing to enjoy the experiences that camp offers us all. New and old staff get ready for the challenges that lie ahead, an opportunity to grow as an adult and a chance to try something totally different than ever before. No matter who you are, camp is something very special for us all, and we are lucky to have the chance to be together at Iroquois Springs this summer.

I am looking forward to seeing you all very soon - until then, finish school on a positive note, get excited for camp and get ready for another awesome summer together!

Bubba

CREATING ADDING VALUE DURING YOUR CAMP EXPERIENCE

While some camps may charge for elective programs outside the scope of their day-to-day program, we appreciate and understand the concept of “adding value” to an already terrific camp program. We have made a conscious decision to try and add more options to camp families that not only add excitement to our camp program, teach new skills to our campers and offer something different, but most importantly, do not cost you anything to take part in.

THE ATHLETIC EDGE

As we announced in our last newsletter, we are thrilled to introduce 2 new sports clinics (and maybe more) to Iroquois Springs this summer. These specialty sports clinics will include instruction in both soccer and lacrosse and will be open to any campers who love one or both of these sports and wish to take part in a 2-day clinic that will be run by prominent training companies who are ready to teach campers at all levels. Each clinic will be approximately 3 hours a day for two consecutive days, and campers will enjoy an intensive, skills-focused program.



The training organizations for both programs are second to none, led by DLT Lacrosse, whose trainers are comprised of coaches from the Long Island Lizards professional lacrosse team, and Coastal Soccer, who is widely recognized as Long Island’s most respected youth soccer training organization. We know you’re going to have a blast sharpening your game and focusing on these sports for a couple of days this summer. In addition, we are also working on introducing Field Hockey to camp this summer through a sports clinic as well. Although not finalized just yet, our hope is to draw some interest this summer and build a program for the following summer for all campers to enjoy.

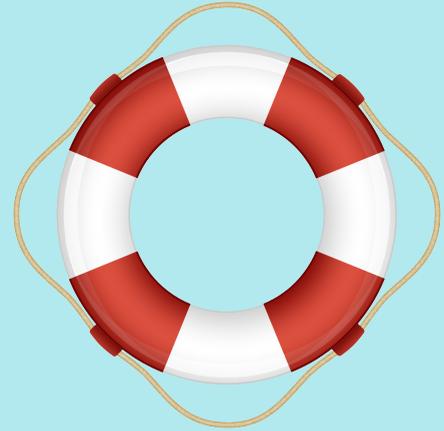


Make sure to keep an eye on your inbox for enrollment info for these great specialty sports clinics. We are sure that you will find great added value in these programs and see a noticeable improvement in your kids who will participate this summer.

LIFEGUARD TRAINING CONTINUES AT I.S.

Once again, we are going to offer campers the opportunity to become certified American Red Cross Lifeguards while at camp. In order to be eligible to enroll in the course, you must meet the following criteria:

- Minimum of 15 years of age at the start of camp
- Enrolled at Iroquois Springs as a full-season (6-week) camper
- Ability to swim 300 yards continuously
- Commitment to approx. 5 - 6 hours per week to complete course (30 hours total)



This is a great opportunity for our Senior campers and CITs to earn an incredible certification that you can use for years to come. After successful completion of the course, you will earn a lifeguard training certification valid for 3 years, first-aid training also valid for 3 years, and CPR for the Professional Rescuer which is a 1 year certification.

Here are some benefits to think about:

- Develop skills and experience valued by colleges and future employers
- Opportunity to gain 3 nationally-recognized certifications in one course
- Chance to participate in a course with fellow campers in a great setting like camp

This course will be offered to campers at no charge, however a commitment to the completion of the course is required before camp begins. We will send an email with enrollment information shortly, but please remember, this is something you will need to commit 30+ hours in order to successfully complete. In addition, camp will be picking up the cost of the course along with all course materials - we would appreciate just those truly interested to enroll.



Keep an eye on your inbox for more information on this exciting opportunity being offered again this summer and make sure to check out the pool deck with some of our "new guards" who completed the course last summer.

ANNOUNCING 2010 EXPLORERS CAMP!

Come explore the world of overnight camp!

Explorers: Future campers who will be entering the 2nd through 5th grades in September 2010. The program is strictly limited to 24 boys and 24 girls.

Dates: Saturday, July 24th at 11:00 until Sunday, July 25th at 4:00pm

Program: Get a chance to explore what an Iroquois Springs camper enjoys each day throughout the summer. This is a terrific way to discover what Iroquois Springs is all about before the 2011 summer. You will be instantly transformed into an Iroquois Springs camper for life! This unique, well-rounded program centers around each camper gaining independence and confidence by learning to give and take in the camp setting.

Cost: \$150 per camper, including transportation and t-shirts. This will be credited towards any camper who enrolls for camp in 2011.

Call the camp office for registration details or enroll on-line at:

http://www.iroquoissprings.com/is_explorers

Don't forget to say hello to all of our Explorers from last summer who have decided to return to camp for a full session this summer - we are so proud of you all!

WELCOME TO THE FAMILY!

We are thrilled to welcome the following new campers to the Iroquois Springs family!

Sara Bright	<i>Short Hills, NJ</i>	Ben Katz	<i>Potomac, MD</i>
Emily Bright	<i>Short Hills, NJ</i>	Elise Masters	<i>Millburn, NJ</i>
Sara Buklan	<i>New York, NY</i>	Sarah Milner	<i>Woodbridge, CT</i>
Oscar Camblain	<i>Paris, France</i>	Samantha Morton	<i>Scarsdale, NY</i>
Madeline Carver	<i>Pine Brook, NJ</i>	Carly Orent	<i>Millburn, NJ</i>
Serena Cullen	<i>Gaithersburg, MD</i>	Ruby Paisner	<i>Great Neck, NY</i>
Samantha Dolan	<i>New York, NY</i>	Malcolm Pakola	<i>Irvington, NY</i>
Sydney Donner	<i>Roslyn Heights, NY</i>	Kyle Rosenberg	<i>Kinnelon, NJ</i>
Ava Duxin	<i>Avon, CT</i>	Taylor Rosenberg	<i>Kinnelon, NJ</i>
Max Dworkin	<i>Oyster Bay, NY</i>	Justin Starr	<i>Cold Spring Harbor, NY</i>
Melissa Fradkin	<i>Kinnelon, NJ</i>	Michelle Telsey	<i>Westfield, NJ</i>
Ethan Gilman	<i>Bethesda, MD</i>	Jason Vitrit	<i>New Fairfield, CT</i>
Alec Heller	<i>Rye Brook, NY</i>	Seth Wilson	<i>Ballston Lake, NY</i>
Rachel Isralowitz	<i>Summit, NJ</i>	Christian (CJ) Wilson	<i>Ballston Lake, NY</i>

JANUARY

Sara Tesser	1
Alec Ash	2
Matthew Morris	3
Michelle Hartog	4
Jonathan Kopf	4
Zoe Metz	6
Mollie Wolfe	6
Jaime Kaiser	7
Griffin Schwab	7
Maya Schumer	8
Jordan Drapkin	9
Nicole Eisenberg	9
Carly Orent	9
Katherine Rau	10
Rachel Harmon	12
Hannah Luchs	13
Brandon Nimberger	13
Sydney Carus	14
Josh Carus	18
Sydney Chason	18
Marlon Dixon	18
Melissa Holzberg	18
Casey Peacock	18
Rebecca Wallenstein	18
Paula Weissenberg	18
Michael Frank	19
Tyler Pollack	19
Benji Stoll	20
Halle Goldberg	23
Celia Ginzburg	24
Alyssa Kopf	24
Alexander Romaine	24
Catherine Rooney-Graves	24
Jessica Zodicoff	24
Jake Atlas	25
Eden Schumer	25
Rachel Dickson	26
Brian Pfeffer	26
Jordana Karger	27
Brooke Rose	28
Jamie Goldstein	29
Adam Hershaft	29
Jason Hershaft	29
Samantha Atlas	30

FEBRUARY

Hannah Fouladi	1
Jack McIntyre	1
Nicole Drayzen	2
Shane Rose	2
Nicole Waxner	2
Mia Ginzburg	3
Kyle Brambani	4
Matthew Milner	5
Rachel Geffner	7
Zachary Geffner	7
Julia Hames	7
Jessica McDonough	7
Serena Cullen	8
Rachel Brenner	9
Ariane Crummer	9
Sari Sosnick	9
Taylor Dworkin	10
Josh Greenberg	11
Alex Kestenbaum	11
Jack Staub	11
Ross Brenner	13
Emily Staub	14
Harrison Barr	15
Emma Blancher	15
Julia Dunetz	16
Kellie Spector	16
Zev Hartman	18
Justin Lott	18
Alexander Krostich	22
Joshua Beron	23
Jordan Evar	23
Jordyn Cohen	24
Hannah Matusow	25
Daniel Hirsch	26
Sammie Spector	26
Matthew Newfield	27
Roy Tal Dew	27
Sarah Wish	28

MARCH

Jacob Levy	1
Gabriela Parsons	2
Carly Brensilber	4
Austin Forman	4
Jason Shackman	5
Sarah Milner	6
Hannah Barr	7
Abbi Leighton	7
Josh Radin	7
Silvie Saltzman	7
Sophie Schweiger	8
Adam Golden	9
Paige Kerman	9
Julianne Salerno	9
Lauren Alpert	10
Jackson Berner	10
Olivia Ethe	10
Jessica Ostroff	11
Stephanie Schiff	11
Ben Ginsburg	12
Morgan Ness	12
Lauren Tufano	12
Melissa Levine	13
Zachary Saklad	14
Sarah Della fave	15
Pablo Montes	15
Julia Moss	15
Sydney Donner	17
Brandon Schumacher	17
Samantha Goldstein	20
Nicole Kerman	20
Zachary Seymour	20
Nicole Axelrod	21
Ross Dunayer	21
Robert Mitchell	22
Madison Schaechter	22
Kate Klaschka	23
Anna Dal Pont	24
Michelle Telsey	25
Alison Chafitz	26
Amanda Steinberg	26
Evan Plotkin	27
Max Watkins	27
Lara Bamberger	29
Matthew Zeiger	29
Frederic Heller	30
Serena Feldman	31
Jordyn Lieberman	31

HAPPY BIRTHDAY!

WHAT'S HAPPENING IN ROCK HILL?

There is no such thing as "down time" in Rock Hill.

Our facilities managers, Dennis and Tim, are always busy at work, improving our wonderful facility and making sure camp stands at attention when we arrive for the start of a new season.

Besides just removing the tremendous amount of snow we got in camp this winter, the guys have worked hard to add benches and shoe cubbies on every bunk porch, converted our old weight room into "kitchen stadium" and so much more. We are especially excited about the new cooking program and can't wait for you to meet Lori who will be working in this area to share her skills as a chef / caterer with our campers. We are also very excited to let you know that we have added a brand new Yamaha Jet-Ski to our water-ski program and have purchased



a new inflatable for the lake to add to our "aqua-playground." We are sure that you are going to love the new "Rockit" as you find countless ways to enjoy this new addition to the lake.

MEDIA MATTERS

Did you know that Iroquois Springs now has an OFFICIAL Facebook page? It's the easiest way to keep track of the latest news from camp. You can get there by going to iroquoissprings.com/facebook. Make sure you become a fan of Iroquois Springs, and share your blue and gold pride!



The Iroquois Springs Summer Site is currently under renovation for the 2010 season! We're adding some cool new features, so be sure to check in as the summer gets closer and we unveil the **new and improved** Summer Site!



DON'T FORGET TO PACK!

Everyday in camp should be a special one and we want to make sure you get the most from every experience this summer. While packing for camp, here are a few things not to forget:

- White T-Shirt or Pillow Case to Tie-Dye
- Cloz Anywhere Chair (Available from CLOZ Catalog)
- Crazy / Fun Hat for "Crazy Hat Day"
- Favorite Sports Jersey for "Sports Jersey Day"
- Football Jersey for Monday Night Football on Boys Side
- Musical Instrument (if you play one and want to "jam" during camp)
- Halloween Costume (yes, we celebrate Halloween during the summer)
- An Outfit for Banquet Night

Of course, a full packing list can be found inside the front cover of your CLOZ Catalog or on our website.

clöz
camp outfitters

PO Box 20126
Dix Hills, NY 11746



DATES TO REMEMBER



Camper Forms Due	Thursday, April 15th
Office Opens in Rock Hill	Thursday, May 13th
New Family Orientation	Sunday, May 16th
Area Pickup for IS Baggage Service	Sunday, June 20th
Opening Day	Sunday, June 27th
Visiting Day	Saturday, July 10th
Session #1 Ends	Saturday, July 17th
Session #2 Begins	Sunday, July 18th
Senior Trip To Montreal	Sun. July 25th - Weds. July 28th
Campers Return Home	Saturday, August 7th

For those senior campers attending the Montreal trip this summer, passports are due to our office by June 1. If you have not already enrolled, please do so right away, space is very limited.