

THE IROQUOIS SPRINGS TIMES



SPRING EDITION 2013

P.O. Box 20126 | Dix Hills | NY 11746
P: 631.462.2550 | www.iroquoissprings.com

★ A NOTE FROM MARK AND LAURA ★

Let the countdown begin.....summer, here we come

Anyone who spent this winter in the northeast knows this was a winter to forget – we are no different. Besides leaving the cold, snowy and dreary days of winter behind us, we most look forward to the summer because we get to spend the summer in Rock Hill with all our campers and staff members. We just can't wait to get up to camp and gear up for another amazing summer together. In fact, we often day dream in the winter office of the day the camp busses pull up Bowers Road and pull into the main driveway of camp – let the fun begin.

We love spring – it's really the start of so many new things as the trees come into bloom and the flowers become colorful, we really set our minds towards another summer. Moving up to camp in May is the most exciting part of the spring for us. The group starts small – at first just the full-time staff, some food service and maintenance staff who gather in the dining room for meals and laughter – then day by day, others start to arrive and the summer is underway before we know it. This ritual takes place spring after spring for the last 12 years and it helps to set the tone for the family environment we foster each summer.

Having just recently returned from one of the highlights of the year - our Tri-State Camp Conference where camp professionals from around the world gather to “talk camp”, learn from one another and get prepared for another

summer - we couldn't be more energized. Each year after the conference we get some terrific ideas ready to implement for the next summer, and find some new and exciting things to buy to spruce up camp (more on this inside the newsletter).

At the conference, one of the themes for this year was about the special things camp teaches

youth. In particular, camp is so much more than hitting homeruns, swimming laps and being the lead in the musical production – the real essence of camp is about the “life-skills” campers learn about how to navigate through the world as they mature into adulthood. Studies show people who go to camp are more prepared for a college experience, more prepared for work, the environment, etc., in short, camp helps to develop many of the tools we all need to survive in the world without our parents – what a great gift campers get each summer – besides the activities, friendships and memories, which we all know are such a part of the Iroquois Springs experience

Most importantly, one of the things we walk away from after the conference is this unbelievable feeling of how lucky we are to be doing this year after year. We get a chance to help develop children, mentor staff and partner with parents - no other profession has such an incredible opportunity - we are so overwhelmed by this when we stop and think over the last 12 years how many lives we have been a part of in such a positive way. We can't wait to do it all again in 2013 - our 13th season at Iroquois Springs.

We also wanted to take this opportunity to thank so many of you who have helped spread the word about Iroquois Springs - we have had a wonderful year, and most groups are completely filled. We have also been able to spread the word in many new places from as far as California, and around the world. Thanks for all the support.

Since the countdown is officially begun, we need to get back to work getting ready for summer 2013. We really cannot wait to see everyone and get the summer off to a great start. Here's to counting down to June 29th!

See you in Rock Hill!!



With Love, Mark & Laura





BOYS SIDE STUFF WITH JOSH

It was about 6:45AM and I stepped out of my car to walk into work. I make the same exact 50 foot trek from my car

to the school door every day but yesterday's walk stood out to me more than many in recent memory. Instead of hearing snowplows and seeing my breath, yesterday, I heard birds chirping and I realized that I wasn't wearing a hat. Yesterday's 50' walk to the door reminded me that our summer is on the way. I quickly said to myself, "I can't wait until I am waking up and walking to line-up and not into school." I am SURE that you all feel the same way.

I want to welcome all of our new campers and their families to Iroquois Springs. I look forward to meeting all of you at our New Family BBQ in May. I also want to welcome back all of our returning campers for what you know will be the best summer of your lives. Mark, Bubba, Rosie, Gary, Ellen and I have been meeting tirelessly throughout the winter months to ensure that our 13th summer at Iroquois Springs is the best one yet. I have also been in touch with all of our group leaders and they are busy planning special activities as well. Sean, Taylor, Gary, Paul, Drew and I are pleased to welcome Scott Silverman and Midge Francis to the Boys Side Leadership staff. They both have a tremendous amount of camp experience and are excited to be part of

the Boys Side team. Believe it or not, we are just as excited as you to head to camp. We have also been in touch with all of our returning staff and they are truly excited to be heading back to camp as well. I mean let's be real---school is what we do to fill our time while camp is not open. I am counting down the days until the buses roll in, everyone is unpacked and camp is underway. I can almost taste the traditional Iroquois Springs Opening Night Campfire S'mores as I am writing this. I want to take a minute to send out a quick reminder to pack any things that you might not think about like a hat for crazy hat day, sports shirt/jersey for a sport themed day, Halloween costumes and/or props that you might need for **30-Seconds of Fame at line-up**. We have had such awesome spirit the past few years and I want this year to blow the past few years out of the water.

In the two months or so leading up to camp, remember that Boys Side is all about brotherhood and friendship. We try hard, play hard and laugh hard. Before we know it the basketballs will be bouncing on boys court, the soccer balls will be kicked across boys lawn and the memories of a lifetime will be created every day. Until then, study hard and do your homework.

Josh



GIRLS SIDE GAB With Rosie

Spring Break is over and now the countdown begins...before we know it, we will be packing our bags and getting ready for another amazing summer at Iroquois Springs. I remember the days when my mom would start putting things away for camp. The piles started growing around May. My favorite sweatshirt, my favorite pillow, my favorite stuffed animal were all getting ready for another summer at camp. Every purchase made between April and June was with camp on our minds. Every song on the radio was "the perfect camp song". My camp friends and I would change the words to every song and it would all be camp related. I know many of you do the same and I LOVE IT.

I have not changed much since I was camper and now I find my daughter, Olivia doing the same. This week we celebrated her 4th birthday and as she was opening her presents she instantly said that would be perfect for our camp home. That is exactly what I remember saying when I started going to camp. Then we started to talk about Girls Side Line up, evening activities, color week, Tribal's and of course SMORES. We started talking about rainy day activities, Fourth of July, trip days and DJ YAHNEY. At dinner that night we pretended to be in the dining hall and sang our favorite camp songs. I know that each and everyone of you are starting to get the camp itch and I love that I can share that with you. As Josh and I continued to talk about camp with Olivia we started to get really excited. We talked about all the new things that everyone will be trying this summer. We talked about camp friends and traditions. We spend all year discussing how we

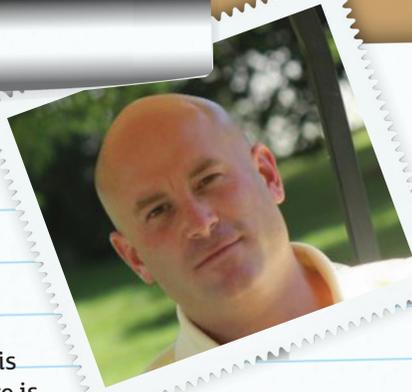
can make this upcoming summer better than the last. We want to ensure that everyone has the same love for camp that we do!

The group leaders on Girls Side are so excited. We have already been emailing back and forth about all the new ideas we will be bringing to girls side this summer. We are discussing opening day line up, big sister and little sister events and the Hoe Down. Nothing makes me happier than meeting new campers and being a part of your first summer at camp. I am looking forward to seeing you at New Family Orientation and then welcoming you again to our girls side family. I cannot wait to welcome back our returning campers as well as the staff - I know exactly why you come back for more. So until we start packing and getting ready for Summer 2013 - continue to study hard and be nice to each other...

It is much easier to be nice than to be mean and remember treat everyone exactly the way you would like to be treated!

Rosie





Notes from **BUBBA'S CLIPBOARD**

Wearing shorts when it's 32 degrees outside is nowhere near as fun as when the temperature is in the 80's and I can look outside and see campers and staff enjoying there time at Iroquois Springs. In just a few shorts weeks (really, just about 2- weeks from now) I will be headed up to Rock Hill to move up to camp for the summer. Each and every summer presents a new challenge, great memories, new opportunities and more, but the one constant is the feeling you get inside as you enter the gates of camp. For me, that is a feeling I have been lucky enough to have since I was 7 years old as I went to sleep-away camp for the first time, and it's a feeling I would not trade for the world!

As we all begin our "journey to camp" this summer, we are filled with emotions and excitement of what this summer will be all about. Whether it's your first summer or your tenth summer, always know that Iroquois Springs will be your summer home that welcomes you, makes you feel great, inspires you and most importantly, give you a place to be you! Creating lifetime friends, memories and skills is something that will always be at the center of what camp truly means, these are the people and thoughts you will remember as you look back at what your camp experience was all about.

While you start to prepare for camp both physically (packing your trunks) and mentally (thinking about bunkmates) over the course of the next 2-months or so, ask yourself this question, "What do I want my summer experience to be at Iroquois Springs?" Everyone will have a bit of a different answer as they enter camp, but the ability to appeal to so many different campers and the opportunity for all of us to share in the gift of camp is unique, so no matter what you want to take away from this summer, know that many other camper and staff will also be looking to achieve personal goals while at camp so enjoy every moment you have while in Rock Hill this summer and don't loose sight of how special an opportunity this summer truly will be.

For now, it's time for me to continue to make sure all the details for the summer are set and ensure that the summer of 2013 is one to remember. Finish the spring season on a high-note, do well in school, get thinking about "your camp experience" and get excited about the incredible summer ahead.

Can't wait to see you all on June 29th as the busses enter Rock Hill!

Warm thoughts for the summer ahead... **BUBBA**



Don't forget to check us out on...



WHAT'S HAPPENING IN ROCK HILL

There's always something going on at camp and we know everyone loves to hear what's doing in Rock Hill when we are not there and of course throughout the winter. Well, first off, we are glad to report that the snow has finally melted and we can confirm that the grass is once again growing. The leaves are slowly making their way back onto the trees and the flowers are starting to bloom; camp is starting to "look like camp."

Over the winter, we completed the **3rd Arts and Crafts** building that now sits just next to the two new buildings built last summer. We thought long and hard about what new programs to offer and we know your going to really like what we have in store for you. This new space will house three different programs under one roof.

The first is "**Wearable Arts**" and is just what the name implies...and more. Campers will be able to Air Brush their favorite designs, Silk Screen / Hot Press logos and patterns (just like you do in the mall if you choose a design to put on a T-shirt), and have a chance to create their own T-shirts, Hats, Pillow Cases and almost anything imaginable.

The second part of the space is being called "**You Build It**" and will give campers a chance to imagine, design and build all types of cool crafts from multiple materials. This is a program that will allow your mind to roam free as you create soapbox derby cars, mechanical or robotic tools, experiment with science and so much more. This may not seem like your typical camp activity, but we know many of you are going to love having the chance to explore just what you can do in this new space.

The final section of the new building will include a designated area for **film design** and house multiple I-Mac computers and digital equipment. Since digital media last summer was such a hit, we know that the additional space is going to be a winner; now allowing campers more opportunity to create films, short movies, commercials, photo editing, green screen work and endless new opportunities that will attract campers throughout the summer.

Of course, we know the Aqua Playground has been a real hit over the last few summers and on those warm summer days, there is nothing better than jumping around on the aqua-trampoline or sliding down the huge Summit waterslide with your friends. Adding to the fun the Aqua Playground will now feature the "**Foxtrot**" which will challenge your skills to jump, bounce and walk across the floating bridge without landing in the water...certainly another welcome addition!

We continue to upgrade our outstanding facility, so make sure to keep your eyes wide open and your ears to the pavement (Twitter) as we announce future plans to truly spruce-up our awesome camp facility in the not so distant future.



**Follow Us in Social Media -
You Might Just Be Surprised at What You See...**

If you have not done so already, make sure to "connect" with us through social media as you will have first-hand views and insight as we prepare for the summer ahead!

Help spread the word about Iroquois Springs and make sure to "like us" on Facebook and follow us on Twitter @IroquoisSprings. Stay in touch with the latest trends, thoughts and comments about camp as well through the Iroquois Springs Official Blog at <http://iroquoissprings.blogspot.com>.



WELCOME

We are thrilled to welcome the following new campers to the Iroquois Springs Family (since our last newsletter)

Luke Aboudi
Delila Ames
Jessie Baker
Nathan Baker
Lily Becker
Katie Bieber
Aidan Bourne
Sophie Cohen
Eli Cohen
Ignacio Coronel
Jacobo Dominguez-Arame
Jordan Feifer
Blake Feldman
Sara Fischer
Zoe Fleischer
Mackenzie Gemmell

Demarest, NJ
New York, NY
Dobbs Ferry, NY
Dobbs Ferry, NY
Great Neck, NY
Katonah, NY
Los Angeles, CA
Scarsdale, NY
Scarsdale, NY
Madrid, Spain
Madrid, Spain
Plainview, NY
New York, NY
Dobbs Ferry, NY
Califon, NJ
Short Hills, NY

- Sofia Goldbaum
- Samantha Greenspun
- Mikah Gross
- Zane Gross
- Reid Koken
- Savoy Koken
- Ali Koster
- Max Koster
- Claire Lazarus
- Seth Marcus
- Max Salameh
- Rachel Schulman
- Ryan Shelton
- Olivia Sichenzia
- Molly Weiss

Dix Hills, NY
New York, NY
Potomac, MD
Potomac, MD
Hastings on Hudson, NY
Hastings on Hudson, NY
New York, NY
New York, NY
Bronx, NY
Syosset, NY
Scotch Plains, NJ
Montvale, NJ
Merrick, NY
Brookville, NY
Bridgewater, NJ

FAVORITE RECIPE FROM Kitchen Stadium

Pigs in Ponchos
(Tortilla-Wrapped Franks and Beans)

Ingredients

- 8 Good Quality Hot Dogs
- 1 Can (16 oz.) Vegetarian Spicy Refried Beans
- 1 Large Poblano Chile Pepper
- 16 Flour Tortillas (8-inch), Heated to Soften Slightly
- 1 1/2 Cups Homemade or Store-Bought Salsa Verde
- Yellow Mustard, Jalapeno Mustard or Honey Mustard
- 2 1/2 Cups Shredded Monterey Jack Cheese
- Cooking Spray

Directions

1. Preheat an outdoor grill, indoor griddle or grill pan to medium-high heat. Parboil the hot dogs for a few minutes to heat through. In a medium saucepan, heat the beans over medium heat (or cover and heat in the microwave on high for 3 minutes), adding a little water to thin slightly.
2. Meanwhile, grill the poblano (or cook over an open flame on the stovetop or under the broiler) until evenly charred. Transfer to a bowl, cover and let cool, then peel and slice.
3. Make the ponchos: Top each of 4 tortillas with a thin layer of salsa verde, a swirl of mustard, a few slices of poblano and lots of cheese, then cover each with another tortilla. Spread the top tortilla with some beans and set a dog at one end. Wrap and roll up the tortilla stack around the dog; repeat with the remaining ingredients. Spray the ponchos with cooking spray and grill for a few minutes to brown and crisp the tortillas.

Don't Forget to Pack...

Every day in camp should be a special one and we want to make sure you get the most from every experience this summer. While packing for camp, here are a few things not to forget:

- White T-Shirt & Pillow Case to Tie-Dye / Silk Screen / Air-Brush 
- CLOZ Anywhere Chair (Available from CLOZ Catalog)
- Crazy / Fun Hat for "Crazy Hat Day"
- Football Jersey for Monday Night Football on Boys Side
- Musical Instrument (Camp Rock Band)
- Halloween Costume (yes, we celebrate Halloween during the summer)
- Outfit for Banquet Night

Of course, a full packing list can be found inside the front cover of your CLOZ Catalog or on our website.

HAPPY Birthday

April

- 1 Liana Sasloff
- 3 Sydney Abelow
- 3 Mackenzie Gemmell
- 3 Lindsay Kantor
- 3 Mollie Keller
- 3 Chase Kirshner
- 4 Bailey Levin
- 5 Jonah Bitman
- 5 Jolie Schoenhaus
- 6 Brandon Bessen
- 7 Giulia Dal Pont
- 8 Julia Bretschneider
- 8 Eli Wiener
- 9 Dylan Sturdevant
- 10 Chloe Greenstein
- 12 Lexi Eimbinder
- 12 Amanda Federmann
- 12 Rebecca Manheimer
- 14 Nicole Hirsch
- 15 Matthew Baronci
- 15 Olivia Rosner
- 15 Lauren Zolit
- 16 Sydney Conner
- 16 Ilana Cooperman
- 16 TJ Katz
- 18 Alexander Hellman
- 18 Miles Leslie
- 19 Sammy Berger
- 19 Kacey Hamlin
- 20 Aidan Gross
- 20 Jessie Levy
- 21 Olivia Stack
- 22 Drew Grossman
- 22 Taylor Rosenberg
- 23 Allie Mollo
- 23 Dylan Seymour
- 23 Arielle Solomon
- 24 Olivia Sichenzia
- 25 Julia Burk
- 25 Allison Levy
- 25 Annie Radin
- 25 Alina Tucker
- 25 Brandon Weinberg
- 26 Liam Bondorowsky
- 28 Ali Luchs
- 29 Jamie Lerner
- 29 Carli Mager
- 30 Alexis (Lexi) Silverman

May

- 1 Samuel Orlin
- 2 Olivia Coughlin
- 2 Emily Pacicca
- 2 Jessica Polvino
- 2 Cece Snyder
- 3 Eric Maurer
- 4 Alexander Bondorowsky
- 4 Benjamin Kam
- 4 Emma Lubrano
- 5 Rachel Leibowitz
- 6 Max Berman
- 6 Mason Kleiner
- 6 Mackenzie Maher
- 6 Jonathan Mandelbaum
- 7 Brendan Ehrman
- 7 Hannah Nassau
- 8 Isaac Schildkraut
- 9 Sara Fischer
- 10 Allie Pollack
- 10 Emma Popowitz
- 10 Max Salameh
- 10 Matthew Santola
- 10 Lindsey Scheiner
- 11 Jamie Warrack
- 14 Alexandra Rood
- 14 Zachary Segal
- 15 Danielle Koenig
- 15 Jason Vitrit
- 17 Jacob Lustig
- 17 Troy Stein
- 18 Thomas Chason
- 18 Mariela Ginzburg
- 18 Matthew Tankel
- 19 Kaitlyn Dugal
- 19 Mitchell Meyer
- 20 Daniel Cohen
- 20 Olivia Mayo
- 22 Jordyn Edelstein-Strati
- 23 Jordan Bash
- 23 Ilyssa Siegel
- 24 Ben Goldberg
- 24 Nicholas Kestenbaum
- 24 Carly Pearl
- 24 Julia Spenser
- 26 Ryan Abfier
- 26 Carly Polkowitz
- 26 Abigail Saltzman
- 26 Charlotte Saltzman
- 27 Sadie Goldstein
- 27 Danielle Stassa
- 28 Jenna Grossbarth
- 28 Michael Grossbarth
- 28 Olivia Lancz
- 28 Jade Radice
- 29 Jamie Berkenblit
- 29 Benjamin Chason
- 29 Jillian Cohen
- 29 Letitia Dominguez-Arame
- 29 Carly Mallitz
- 31 Fiona Gabron

June

- 1 Ethan Gilman
- 1 Bennett Levine
- 1 Daniel Ross
- 2 Danny Kosofsky
- 3 Samantha Aronowitz
- 3 Russell Kleiner
- 3 Andrew Kraus
- 3 Maya Silverstein
- 4 Samantha Garbus
- 4 Brooke Hirsch
- 4 Dylan Schorr
- 4 Brenna Vitrit
- 9 Jordan Dobstaff
- 9 Matthew Singer
- 9 Noah Sokaler
- 10 Ben Katz
- 11 Merideth Feinstein
- 11 Maclyn Levine
- 14 Ryan Lessing
- 14 Rebecca Weiss
- 15 Sarah Bernstein
- 15 Arianna Stassa
- 16 Maya Johnson
- 16 Zachary Karger
- 17 Alexa Frank
- 17 Alexis Karmel
- 17 Rebecca Millman
- 17 Tori Savoy
- 18 Samara Liebmann
- 19 Joshua Kestenbaum
- 19 Jessie Kirschner
- 19 Eli Nadell
- 19 Zachary Saltzman
- 19 Andrew Speelman
- 20 Samantha Lesser
- 21 Zoe Fleischer
- 21 Jordyn Radin
- 22 Hailey Hirsch
- 23 Alyssa Alperstein
- 23 Justin Alperstein
- 23 Gabrielle Egol
- 23 Baptiste Meunier
- 23 Devon Nassau
- 24 Abraham Frankel
- 24 Lexie Goldman
- 24 Lily Greenleigh
- 24 Alexis Moskowitz
- 24 Jack Nassau
- 25 Maya Buxbaum
- 25 Jessica Lamazor
- 26 Madison Kessler
- 27 Sydney Bordetsky
- 27 Jason Katz
- 28 Samantha Orfinger
- 28 Jesse Popper
- 29 Jessica Bristow
- 29 Brett Gold
- 29 Samantha Singer
- 30 Stephen Barbelet
- 30 Daniel Goldstein
- 30 Zachary Ostroff
- 30 Jenna Trainor
- 30 Jack Wilkow

ELECTRONICS POLICY REMINDER



We want to take time to remind you of our cell phone & electronics policy.

We know one critical component of the camp experience is the opportunity for kids to "unplug." We strongly believe it is central to being at camp and will count on campers and parents to support our stance on this without exception.

In the instance of a camper being found in possession of a cell phone or a disallowed electronic device, that camper will have to go home for three-nights. Parents will have to make arrangements to pick-up and return the camper to camp. Should the camper be away from camp on the senior trip, parents will need to pick up their child from the trip location.

We hope that the idea of missing three entire days of camp will discourage campers and parents from disregarding this important policy.

Retreats & Reunions

Did you know that when camp is not filled with campers and staff, we host all types of rental groups from colleges & universities to corporate retreats, bar/bat-mitzvah's, weddings, sports teams and more....

Iroquois Springs is an ideal facility for large group gathering who want to share a unique experience and enjoy overnight accommodations, recreational and meeting space and of course full-service catering.

If your involved in a group or organization that could benefit from our beautiful grounds, please don't hesitate to pass along our contact information and ask for them to get in touch to learn more!

Announcing Explorer Camp



Come explore the world of overnight camp!

Explorers: Future campers who will be entering the 2nd through 5th grades in September 2013. The program is strictly limited to 24 boys and 24 girls.

Dates: Saturday, July 27th at 11:00 until Sunday, July 28th at 4:00pm

Program: Get a chance to explore what an Iroquois Springs camper enjoys each day throughout the summer. This is a terrific way to discover what Iroquois Springs will be all about before the 2014 summer arrives. You will be instantly transformed into an Iroquois Springs camper for life! This unique, well-rounded program centers around each camper gaining independence and confidence by learning to give and take in the camp setting.

Cost: \$150 per camper, including transportation and t-shirts. This will be credited towards any camper who enrolls for camp in 2014.

Call the camp office for registration details or enroll on-line at: www.iroquoissprings.com

Don't forget to say hello to all of our Explorer's from last summer who have decided to return to camp for a full session this summer - we are so proud of you all!





THE IROQUOIS SPRINGS TIMES



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Dates to Remember

Office Opens in Rock Hill - Thursday, May 16th

New Family Orientation - Sunday, May 19th

Area Pick-Up for IS Baggage Service - Sunday, June 23rd

Opening Day - Saturday, June 29th

Visiting Day - Saturday, July 13th

Session #1 Ends - Friday, July 19th

Session #2 Begins - Saturday, July 20th

Senior Trip to Washington DC - Sun July 28th – Wed July 31st

Campers Return Home - Friday, August 9th