



# THE IROQUOIS SPRINGS TIMES

FALL EDITION 2022

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## ★ A NOTE FROM MARK AND LAURA ★

### *A Return to a Normal Summer*

Having just returned from a beautiful fall weekend in Rock Hill where the leaves are changing, and the scenery is truly breathtaking. Camp is getting close to being completely shut down for the winter where it will lay dormant until we are all together again next summer.

While we are walking around it is hard not to think about all the great times we shared together this summer. You can almost still hear laughter and cheers in the dining room, or the sounds of friendships being made or fortified while we walk near the bunks. At the flagpole we remember campers and counselors' arm in arm as we make our "fuzzie" nominations or the daily Iroquois Springs "Sports Center" announcements. The sounds of College Days, Color Week, Mock Rock, Rope Burn, the Swim-a-Thon, Carnival, Monday Night Football, DJ Yahney Parties and so much more are etched in our minds, and it is the thing that keeps our spirits going all year long. The best part – it felt like a return to a normal summer after 3 years! What a refreshing change.

At camp, each day feels like it's 3 days long, but every week feels like it flies by as fast as a single day. It's a combination of busy activities and slow summer days until suddenly it's August, and just like that camp is over. It's the beautiful time warp that we feel each summer, and we wouldn't want it any other way! Camp has helped us all return to our best versions of ourselves, when we needed it most. More than ever, we feel grateful for the roles we have in our community and getting this amazing opportunity to be a part of this incredible community we call Iroquois Springs!

Now that we have been finished with camp for almost 2 months, it really gives us a chance to look back and reflect on this past summer. Person after person we have spoken with has said that "this was the best summer yet." We very much feel the same – whether it was the unbelievable weather we

experienced, the terrific staff we assembled, or the most amazing group of wonderful, warm, welcoming campers we had at camp this summer – it is hard to put your finger on exactly what it was, but one thing is for sure – it truly was the best summer yet.

A huge thank you to all our staff, who worked tirelessly and selflessly each day to make sure each camper needs were taken care of and made memories to last forever. We hope that you are enjoying the "other part of the year" and can't wait for you to return to Rock Hill in 2023.

Thank you to all our parents and families who trusted us this summer with their children and believe in the way we run our camp. We could not have done it without you.

Lastly, a huge thank you to all the campers at camp in 2022 – your energy, spirit, enthusiasm, and love of camp, makes Iroquois Springs go – we are a very special community because we have the very best campers in the camping world! Thanks....

So, we ask each one of you to remember, on those cold winter nights how this place made you feel and how it filled your heart with so much joy and love. How Iroquois Springs changed you for the better and how we all created a world of kindness and compassion that will last far beyond the 6 weeks we all just spent together.

As our thoughts and focus turn toward 2023, we are excited to do it all again, and continue to climb to new heights. We cannot wait to share new experiences together and create special memories to last a lifetime!



*With Love,*

*Mark & Laura*

# Burning of the Year

Each summer, the traditional burning of the year symbolizes the close of another summer gone by in Rock Hill and the start of the countdown to our next summer together. A few summers ago, we started a new tradition of having our CIT's share a few words about their experiences as campers and the close of a chapter in their lives, which will hopefully live in their hearts forever.

Here is how **Jess Fitzmaurice** reflected on her 5 summers at Iroquois Springs:

My mom always talks about camp me - who I've become since my first summer here. She's confident and outgoing and carefree. When I was younger, those adjectives only described the girl I was at camp. Everywhere else, I was extremely shy and unsure of myself. But not here. At camp, I found people that brought out the best in me and showed me who I could be. As I learned about these new people and experienced camp for the first time, I learned about myself. I found new passions, left old fears in the dust, and gained a confidence in myself that I never knew possible. Even just my first 3-week summer completely changed my life. As I've returned each year, I've realized that I am my truest self here. I'm not scared to dance badly or miss a shot. I can make stupid jokes with my friends and never be afraid of judgement. I can cry in front of the whole camp without ever thinking twice. For me, that's what's most special about Iroquois Springs. We find ourselves here. I know I really am my best self at camp, surrounded by my best friends and favorite moments

The time we have at camp is precious and truly like no other. We get to grow and learn about ourselves without the pressures of the real world and connect with people in ways that just aren't possible at home. Nothing makes me happier than to say that I've made friends and memories that I know will last me for a lifetime. My camp friends are my best friends and I'm so glad that I've gotten to grow up with them. This place has become our home and each one of us knows that we will always be able to come back to each other. I will forever hold on to the friendships I've made here because I know that they are some of the most genuine I will ever have. Tonight, I'll hold onto them a little longer before our time is up. These summers are sacred, and to everyone with time left - make the most of it. Try new things, make new friends, build others up instead of tearing them down. Treasure your friendships and the time you have ahead of you because suddenly you will be in my position, wishing you could turn back the time.

Nothing could've prepared me for my last night here. It feels like yesterday that I stepped off the bus to start my first summer at camp. And tomorrow, I'll step on the bus to end my last. So, thank you to everyone who has made my summers here so incredible. To Mark, Laura, Bubba, Rosie, Josh, & my group leaders - words cannot describe how grateful I am. This is truly my favorite place, so please hold on and take care of our home.



Here is how **Noah Stein** reflected on his 7 summers at Iroquois Springs:

Before I begin, I would like to thank Josh Bogard, Chris Martin, and every other group leader or counselor I have had for gifting me the best summers of my life. I would also like to thank my first ever counselor which some of you may know, Lukas Eade, who taught me how to love camp.

As I end my time as a camper here at Iroquois Springs, I have taken the time to reflect on how camp has forever changed my life. I began my camp journey as an upper sophomore in 2016. Up until that point, I had been bouncing from camp to camp in search of a place to call home. Before I came here, camp felt as dreadful and miserable as school, and I wanted to stay home and play video games all day. Entering my first summer here, I was shy, over reliant of my parents, and lost. I was a shell of the person I am today, and I was looking for a place to belong. By the end of the summer, I knew I had found the place I was looking for. However, it wasn't an immediate transition. I was reluctant to participate in activities, hesitant to try new things, and worst of all, I would be up all-night crying from homesickness. Thankfully, my friends and counselors helped me through it all and I ended up enjoying the rest of the summer.

The first time I realized how much camp meant to me was after I came home. Just as I had been doing a few weeks earlier, I would be up all-night crying because I missed the place I now called home. I wanted more than anything to be able to go back in time and relive the past 6 weeks. This is the same feeling that I have now. Camp taught me how to appreciate the little things more than anything else. The late-night talks, the activities that weren't necessarily my favorite, and the mornings where my counselors would wake me up by blasting songs in different languages. These are the little things that I used to let pass me by that I now choose to cherish. It really is true that the more you put into this place, the more you get out of it. The more time you spend trying to fix a damaged relationship and the more effort you put into enjoying an activity will result in a better experience.

A couple of weeks ago, my counselor James gave my bunk a very impactful speech on the importance of making the most out of every moment so we could leave camp with no regrets. The next day, I conquered my life-long fear of OA. This "no regrets" mindset is something that I wish that I always had, especially as a younger camper. Ever since the speech, I've enjoyed the best 2 weeks of my life. If there is one lesson that I want to be taken away from this speech, it is that one day, your last day as a camper will come. It will come sooner than you could ever imagine. For this reason, you should live every day like it is your last, because one day it will be.

Camp is where your best friends become your family for the summer. Hold on to your memories and make the most out of your friendships and all your days here. Thank you for listening!





# NOTES FROM BUBBA'S CLIPBOARD



Each newsletter I try to think about something unique, something different and something worth sharing with you all of you. Sure, we talk about friendship all the time, especially at camp, but what does that really mean? I have been lucky enough to foster “friendships” with people from all walks of life and from all over the globe, whether that be through camp, college, high school, family, travel or alike. But what truly defines a friend, that is the question I ask? All too often, especially in the age we live in, “friends” are not what they once were. **To me, a true “friend” should encapsulate all or at least some of these qualities:**

- A person you trust
- A person you can count on in any situation
- A person you can talk to, in person (not through text)
- A person you can share a difficult conversation with without being judged
- A person who respects you for who you are.... even when that may be different than those around you

So, what am I getting at here? It's not about how many friends you have or what type of friends you have, it's all about the quality of the friends you have. It's important to surround yourself with people who make you feel good, people who share and respect your ideas, people who value you for who you are and what you do. Don't get caught up in what “everyone else is doing or saying,” but rather find the person or group of people that make you feel good, on the inside and on the outside. Surround yourself with people who can honestly call “friends” because of the character traits listed above or other tangible attributes, because these are the people you will need and count on when it matters most.

What I find remarkable about camp, and I have said it repeatedly, **camp friends are your best friends.** This is typically the case because you have chosen these friends, no one else has made the choice for you. You have interacted face-to-face, and not through a phone. You have shared highs and lows but were there to pick each other up when you were down and celebrating the good times together. You have learned to share your feelings, even if the words were hard to get out at first. Most importantly, you have developed “**true friends**” you can count on, now and well into the future, when you need them most!

So, I leave you with a reminder to live every day to the fullest, reach-out to your camp friends, stay connected, support one another, and **concentrate on the future, because we can't change the past.** Never hesitate to be a leader, step outside your comfort zone and surround yourself with “**true friends**,” you will be a better person for doing so!

Can't wait to welcome you all back at our opening campfire in summer 2023 and watch as you enter the gates of Iroquois Springs for what will once again be a magical and life changing summer together.

**Sending much love and a giant hug to my camp family!**

**BUBBA**

**Don't forget to check us out on...**





# WHAT'S HAPPENING IN ROCK HILL

When you think about camp, what comes to mind is all the hustle and bustle of a typical day. Campers and staff running from activity to activity, golf carts zipping around, campers splashing in the pools, and endless excitement happening from the lake to the aerial tree-top course and everything in between. But, once our final post-camp staff departs 12775 and it's time to close for the winter, the huge responsibility of closing camp for the season takes place and from that moment forward, we start to focus on the following summer. How can we continue to improve on our wonderful facility, make the necessary improvements that will allow us to continue to thrive and take Iroquois Springs to the next level. Those thoughts are what challenge us to continue to dream about what's next at camp.

As you may know, the plan last summer was to build a new Fieldhouse, but supply chain and labor shortages ultimately derailed our plan. We are thrilled to announce once again, we are **all systems go** for **summer 2023**, and the much-anticipated **Iroquois Spring Fieldhouse** is on track to be built this winter and ready for our campers to enjoy during the summer of 2023. What we have in store for you will be amazing! The new Fieldhouse will be a **totally enclosed, turf field** that can be used for almost any type of activity or program imaginable. Imagine a



full field indoor soccer game, flag football, dodgeball, DJ Party, rainy day activity, divisional gatherings and so much more! The new building, just like the new Theater will feature a **full heating and air-conditioning system, new A/V system, and so much more.** There are not many camps that can say they have an indoor turf field, but we can't wait to unveil ours. Make sure to watch our social media feeds and stay updated through our off-season editions of the Iroquois Springs Times to view pictures and get updates on what is going to be a mesmerizing accomplishment.



Now, you would think this project would be the only improvement that we would make, however, we continue to push the envelope and build upon our first-class facility in more ways than one. Another one of our **"Hideaway"** buildings has been completely renovated for part of our leadership team and ideas are already circulating amongst our team to bring some new program ideas and spaces to camp for summer 2023, so maybe there will be more surprises in store as summer draws near.

So, as camp "goes to bed" for the winter, there is still much to do, but the anticipation for the summer of 2023 and what's to come is at an all-time high! We can't wait to welcome you back to Rock Hill, **our summer home**, next season.

As the leaves begin to change colors, and there is a refreshing fall breeze, I instantly start thinking about all the things I am most grateful for. As I sit here to write this article, I reflect on the summer we just had. There are so many memories that come to mind. While I cannot believe it has been 3 months since we have all been together at camp, these memories and experiences make it feel as if we were all together just yesterday.

Instantly, I feel thankful for all the people I had the pleasure of meeting during my first summer full-time at my dream job. With that, there are many other things that I am thankful for this fall. As many of you know, I grew up at Iroquois Springs and many of my core memories are from 12775. This past summer, I had no idea what to expect and it did not disappoint. Working alongside the staff who shaped both my childhood and adulthood was inspiring. While working with them, I also curated strong working relationships with our new staff, who I had the pleasure of hiring. It was awesome to see how the unique Iroquois Springs camp culture has been carried over from generation to generation, even to our new Difference Makers.

Our dynamic staff impressed me from the very first day of orientation. From that day, I was excited to see what the staff would accomplish within our community and with our campers. With all the hard work that went into assuming my role and hiring our awesome staff, I felt most proud of all our staff and their growth during the course of the summer.

## Love from

Lindsay

Excitingly, we are already working hard to prepare our staff for next summer, with the adventures of last summer still at the forefront of our minds. While you sit down at your table this Thanksgiving, take some time to reflect on what you're grateful for. Remember how this past summer impacted you and how all your staff members had a profound impact on your camp experience. Be thankful for the journey that these staff members went through to be your Difference Makers at camp this summer. Being thankful for these people and the influence they have had on us is something that we can all appreciate this Thanksgiving.

**I hope your Thanksgiving table is full of your favorite food, surrounded by your favorite people and influenced by your camp family.**

**Love, Lindsay**





# COUNSELOR'S CORNER



If you have experienced a summer at camp or will be joining our camp family for the first-time in 2023, you will quickly understand that the heart of Iroquois Springs lies in the people who call camp home each summer. When anyone asks what separates Iroquois Springs from others, the answer is simple. It's the 250+ talented staff from around the globe who are chosen to work with our campers that are the true "difference makers." These folks choose to give up their summers and put aside other opportunities to spend a summer with us all in Rock Hill. While working at camp is not easy (some would say it may be the hardest yet most rewarding job they have every had), they would not trade it for anything in the world.

As we start to recruit staff for the coming summer and invite back those who missed out last summer, these are just a few of the comments we received:

***Can't wait to be back home!!!***

I'LL GLADLY SEE YOU ALL IN ROCK HILL THE FIRST WEEK OF MAY, IF YOU'LL TAKE ME!

**BEST E-MAIL I HAVE GOTTEN IN MONTHS!**

**I am excited to have received this and can't wait to come home to the blue and gold!**

**Oh yey bring on that 5 year honor**

**WORKING AT CAMP WAS HONESTLY THE BEST DECISION I MADE ALL YEAR; IT REIGNITED MY LOVE FOR CAMP AND MY DESIRE TO WORK WITH CHILDREN.**

It's not often I get a moment to sit down and share my gratitude, but the sun is shining, and the weather is amazing and I can't think of anything else I am more grateful for than Iroquois Springs.

***I can't wait to see you all and be back in Rock Hill next summer, the countdown is on!***

**Grateful is an understatement, see you soon!**

## MEMO FROM

**MoMo**



**Hi, it's me MoMo!** Wow! It's hard to believe it has already been over two months since we finished summer 2022. Even harder to believe this was only Lindsay and my first summer on the year-round team. It was a monumental summer for so many reasons and I couldn't be prouder of the work we accomplished along with our truly remarkable staff. Up in Rock Hill just a couple weeks ago the leaves were changing colors and beginning to fall. Camp is truly a beautiful and magical place any time of year. Now being back home in sunny Florida it is nice to have a chance to reflect on last summer and begin looking to the future as well. There are

so many people to thank for what I'm calling my favorite summer EVER! It was an honor to work with so many Difference Makers and I can't wait till we get to do it all over again in Summer 2023. The hard work of preparing for next summer and assembling a new team is already well underway. We are certainly hoping to have back many returning staff and of course welcome a whole new group of talented and inspiring camp counselors. In addition to putting together a phenomenal team we are also continuously working to bring new and exciting program ideas to camp and I'm confident they won't disappoint... More on that to come!

In an exciting turn of events, in-person camp staff recruiting fairs are returning after a four-year hiatus! Lindsay and I are excited to do some international travel and we can't wait to share our adventures with all of you as well as introduce you to the incredible staff we're sure to meet along the way.

There is so much to be grateful for and so much to look forward to. I hope everyone is having a productive start to their school year. Stay warm and healthy this winter and I can't wait to welcome everyone back to camp in just a few short months!

**All the best - MoMo**



## GIRLS SIDE GAB With Rosie

**Hello GIRLS SIDE** and anyone else reading this - I was trying to decide what to write for the newsletter and my end of the year speech kept coming to mind. So here it is...It feels like many moons ago - however, that just means we are that much closer to being together in Rock Hill.

I just cannot believe that I am standing here in front of you getting ready to say goodbye - I know that we say this every year - BUT this summer went by so fast - mostly because it was so great! We had the perfect weather, the best staff, awesome campers, and an amazing vibe. This summer was filled with great activities, trips, lots of singing and so much more.

How lucky am I that I get to spend the summer in my second home with all of you. When people ask me why I still come back to camp year after year - I tell them that I still feel like I am making a difference. There are so many things that are out of our control - like academic pressures, things that happen on social media and other things in life that can be complicated and stressful. I get to spend 6 weeks watching all of you grow and become amazing humans. I believe that the girls side motto not only applies to camp but applies to life after. A few days ago, I was sitting on Girls Side and hanging out with a bunk that I feel truly embodies why I do what I do every day. I asked them to tell me what girls side means to them, and they came back with a letter. As I read this letter to all of you, I would love for G18 to quietly stand up.

*Being a part of the Iroquois Springs family has benefitted us by giving us a place where we could be ourselves. Coming to camp 7 years ago, we felt scared and afraid, but Iroquois Springs has made us feel a part of something bigger than just being in a community. It has made us feel a part of a family. As being known as the "bob the bagel bunk," or the most troubled bunk on Girls Side, we were always told to stop wasting our time on insignificant arguments, now 7 years later, reflecting on our past, we realize how much more time we could have had with each other if we listened. As we have grown up on Girls Side, we have learned to show respect for others even if they are different from us. We remember the CIT's telling us time flies by, but we never believed it until we had one year left. We were the bunk that counselors would dread getting.*

We wish we could change our reputation and have an opportunity to relive our past 7 years with the kindness we have learned today. Thinking about the countless GL, Rosie, and Mark talks being the ignorant kids we were, we never took them to heart. After maturing into the people we are today, we realize the importance behind the Girls Side motto. G18's one piece of advice would be to listen to those special people in your life who are trying to help you. As Rosie always said, being kind is much easier than being mean. Camp is a gift, don't waste your time like we did.

So here we are on August 4th and GIRLS SIDE IS EXACTLY what I dreamt it to be. From G1 to CIT'S YOU GET IT! Each one of you know the simple rule of being nice and I am so proud of you. I know that you will continue to make me proud during the school year BECAUSE I KNOW THAT YOU NOW GET IT! This week during the Girls Side swim I got very emotional - I looked around and I started to cry. I saw upper camp swimming with lower camp, I saw CIT'S in the water with their younger campers, I saw GL's hanging out with their counselors, I saw girls dancing together - EVERYONE WAS SO HAPPY! I just looked around and took it all in and felt so proud - the way that we come together as one community, and love each other with our differences, work through any conflicts and embrace one another - that power right there can change the world. I also must give Boys Side a shout out - you all amaze me both campers and counselors. You rocked it this summer.

I could not do my job without MY AMAZING group leaders. Emily, Lauren, Lissie, Andie, Alex, Hannah, Sarah and Sarah - you make it all possible for me. Your campers are so lucky to have such amazing women

driving their division. You are not only my group leaders, but you are my friends and I love spending my summers with you. THANK YOU FOR ALL THAT YOU DO! To Evan, Will, Ciaran, Jack, Quigley, Port, Eric and Chris thank you for being awesome counterparts. We had an awesome team this year.



To all the first-time campers, WOW YOU DID IT! I loved getting to know each one of you! I am so proud of you made new friends and tried new things and did an awesome job being away from home. For all my campers that extended, I am so proud of you. To all my returners, THANK YOU for creating an awesome vibe on Girls Side and spreading the love.

To all the supervisors out there (please forgive me if I forget anyone) - THANK YOU for taking such great care of our campers from the pool and the lake, water ski to the dining hall, to fitness, to yoga, to outdoor adventure, to cooking, to Hobbyville, to sports, canteen and more. Thank you for supporting Girls Side and always being a part of the Girls' Side line-up. To everyone in the office, thank you so very much for all that you did this summer.

To Momo, Lindsay and Jared - loved our morning meeting committee. THANK YOU FOR ALL YOUR SUPPORT AND GUIDANCE AND THANK YOU FOR HIRING AN AMAZING STAFF. Shari and Yve, thank you for all you did on Girls Side this summer. Colin, Jenna, Alyssa, Hoff and Maloney - thank you for all your help every day, EVERYWHERE. To our support staff - thank you for all your help and patience this summer in the dining hall and all over camp. To the entire HEALTH CENTER, thank you - We all know how busy you were, and we truly appreciate everything! Josh - I truly believe we are doing something right! I know how stressful it is coming straight here after working all year and I am pretty sure I owe you a few apologies for when I was stressed, however, I am truly proud of what you and I do here and that we get to do this together. I am not sure many camps can say that they have a boys and girls head counselor that are married and raising their own kids here at camp. We started here 22 years ago when things weren't quite the same and I am truly proud of what Boys Side and Girls Side has come to represent.

Last, but not least to my amazing staff on Girls Side, WHAT WOULD I DO WITHOUT YOU? I asked you to join my mission, I asked you to go home with NO REGRETS and YOU DID IT! I watched you form bonds with each other that I know will never be broken. I watched you be NICE to each other, and YOU MADE ME SO PROUD. You took care of someone else's child and you did it so well. To all returning counselors thank you for coming back and making this a very special summer. Your love for camp is so obvious and I feel so lucky to have you a part of my team. After last summer, I truly realized how important it is to have returners here on Girls Side - so hopefully many of you have us booked in your summer 2023 calendar.

**Mark, Laura, Bubba, and Josh we did it ANOTHER SUMMER IN THE BOOKS. Look how much we did in 22 years. I wouldn't change it for the world.**

*Stay humble, grateful, resourceful, resilient, a hard worker and of course be kind!*

I miss you all! HAPPY HOLIDAYS - hope to see you soon!

Rosie :)

# Girls Side Song

## To the Tune of: "Stay" by Justin Bieber and The Kid Laroi

### Verse 1:

We count down the days (1)  
til we know that we can come back home  
Here on Girl's Side (1)  
got my sisters now I'm not alone  
Be nice and be kind (1)  
it's the only way that we should be  
The gold and the blue (1)  
we live ten for twoooo

### Verse 2:

We wake up (1)  
head to the flagpole and  
We sing the (1)  
Birdie Song with Rosie  
We can't forget (1)  
sunscreen and water  
The wait is over Summer '22's here

### Chorus:

Oh-whoa (oh-whoa, oh-whoa)  
Oh-whoa (oh-whoa)  
The wait is over Summer '22's here

### Verse 3:

DJ Yahney and Clue (1)  
we love our big and littles too  
Hop on the cruise (1)  
all aboard G-1 to 22  
Hearing us chant (1)  
1,2,3,4 we want Color War  
The gold and the blue (1)  
we live ten for twoooo

### Chorus:

Oh-whoa (oh-whoa, oh-whoa)  
Oh-whoa (oh-whoa)  
The wait is over Summer '22's here!



## REUNION-MARK YOUR CALENDAR

A phrase that was coined over the last few years through the pandemic has been, **happy accidents**. What we mean by this is simple.... has anything happened by accident because of our surroundings that turns out to be something that we keep, even after the pandemic has ended. Well camp friends, turns out, our annual **Camp Reunion** is exactly that!

There is nothing like seeing your camp friends, especially during the off camp season! We know how important it is to be together, relive and share the memories of the summer and simply enjoy the feeling of being together as a camp family! With the success of our Spring Reunion last year, we have chosen to keep this format and can't wait to invite all of you (and our new campers as well) to our **NY Spring Reunion!**

### Make sure to mark your calendar

**Saturday, April 29, 2023**  
**Breezmont Day Camp**  
**Armonk, NY**

Great friends, spectacular atmosphere, the feeling of being together with your summer family and more.

In addition to our NY Reunion, as we have done in the recent past, we will be hosting 2 other reunions during the off-season as well for our families a bit further south of camp.

**Maryland**  
**& Florida**

(Specific details on all the above events coming soon)

**We can't wait to  
see you there!**







IROQUOIS

Springs

Picture

COLLAGE



# Welcome

We are thrilled to welcome the following new campers to the  
**Iroquois Springs Family**

• Dylan Attman	Lutherville, MD	• Ryan Kugel	Jericho, NY
• Hunter Baltch	Tampa, FL	• Grace LaMarca	Larchmont, NY
• Amelia Baric	Glen Rock, NJ	• Brandon Lapiana	Hoboken, NJ
• Aroosha Bashi	Ardley, NY	• Austin Liebman	Scarsdale, NY
• Zachary Basov	Port Washington, NY	• Kal Melwani	Port Washington, NY
• Arielle Bernasko	Dix Hills, NY	• Ryan Mendlowitz	Westfield, NJ
• Parker Birnbaum	Sands Point, NY	• Aliza Nickum	Stamford, CT
• Evan Boxer	Fairfield, CT	• Sophia Nikelshpur	Glen Rock, NJ
• Nola Chanley	Westfield, NJ	• Abigail Posner	Little Silver, NJ
• Abby Dougall	Glen Rock, NJ	• Graham Preizler	Chappaqua, NY
• Camille Eisenberg	Manhasset, NY	• Jacob Rosa	Boca Raton, FL
• Harper Eisler	Barcelona, Spain	• Emma Rothman	Far Hills, NJ
• Logan Emmerich	South Salem, NY	• Blake Saltzman	Dix Hills, NY
• Chloe Epstein	Omaha, NE	• Joelle Schaeffer	Parkland, FL
• Eytan Fajga	Melville, NY	• Maisie Schoenberg	New York, NY
• Skylar Field	Westfield, NJ	• Jake Schorr	White Plains, NY
• Juliette Finnern	Maplewood, NJ	• Samantha Schorr	White Plains, NY
• Reid Finnern	Maplewood, NJ	• Judd Silbowitz	Potomac, MD
• Aiden Fischel	New York, NY	• Jakob Smith	Melville, NY
• Marlow Friedman	Syosset, NY	• Stella Solomon	Plainview, NY
• Greyson Glick	Ardley, NY	• Lee Stefankiewicz	Old Bethpage, NY
• Emma Glickman	Glen Rock, NJ	• Chase Stein	New York, NY
• Jake Gold	Highland Mills, NY	• Penelope Stetson	Tenafly, NJ
• Abram Goldman	Switzerland, AL	• Griffin Taheri	Potomac, MD
• Matthew Goldstein	Scarsdale, NY	• Faye Tesi	Syosset, NY
• Elise Greeley	Yardley, PA	• Sydney Tibaldi	Melville, NY
• Olivia Greeley	Yardley, PA	• Sally Turetsky	New York, NY
• Hope Havens	Randolph, NJ	• Harlow Uris	Melville, NY
• Greyson Ismail	North Caldwell, NJ	• Michael Vincent	Port Washington, NY
• Emilia Kamensky	Port Washington, NY	• Charlie Weissberg	Armonk, NY
• Lily Kamensky	Port Washington, NY	• Bexley Wiegand	Hoboken, NJ
• Mitchell Kaufman	New Rochelle, NY	• Aviv Yoran	Katonah, NY
• Eoin Kennedy	Jersey City, NJ	• Gideon Yoran	Katonah, NY
• Ethan Krivicka	Pelham Manor, NY		



## Camp-Counselor - Robin

As we reflect on the 2022 camp season, we are reminded of so many meaningful moments. We welcomed about 100 new campers to the Iroquois Springs community and witnessed how seamlessly returning and first-time campers joined together to create lasting memories and lifetime friendships. Summer 2023 will be no different, as we continue to add to our wonderful camp family, anticipating another outstanding season.

Every individual, from freshman to CIT, brings something special to the overall camp community and we love to watch the IS family grow. This past summer, we had the wonderful opportunity to meet prospective camp families from all over the tri-state area and beyond. After speaking to hundreds of potential families, we are ecstatic that so many have embraced the values of Iroquois Springs and enrolled for summer 2023. We are eager to welcome our new families to the Iroquois Springs experience and watch our first-year campers become ingrained in all the memorable traditions, amazing camp spirit and lifelong friendships.

**To all our first-time summer 2023 families, we are here for you every step of the way!** We can appreciate that in addition to the excitement you are feeling, you may also have questions leading up to opening day. Preparing your first-time camper for overnight camp is a big undertaking and can feel a bit overwhelming. Do they really need 24 pairs of socks? How often should I expect to hear from their group leader? Who is there to help if they are homesick? Can I send packages to camp? How does bunking work if they decide to extend their stay? We provide the guidance

and support you need to get your camper (and yourself) ready for their first time away from home, help you understand camp policies, and review the camp packing list. We will answer all your questions and concerns, make the process both positive and enjoyable, and assure that your camper has everything they need for a fantastic summer.

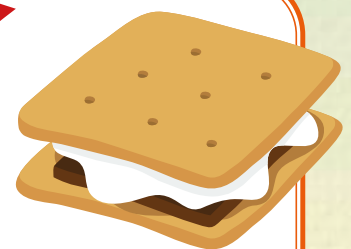


Just schedule a phone call appointment with Robin Wenczl, our **"camp-cierge"**, who will guide you through all your camp questions. Robin has been a part of the Iroquois Springs family since 2005 and has a thorough understanding and appreciation of the summer camp experience. She will help your family prepare for summer 2023. "Working in the camp office and having a daughter and two sons that have grown up at Iroquois Springs, I understand the camp community and culture, and enjoy helping families feel comfortable as they get ready for this incredible journey. It's important for parents to know they can ask questions and prepare their campers for a wonderful and successful summer".

We look forward to hearing from our new camp families. Please look out for information in the coming months on how to schedule a time to speak with Robin.

## FAVORITE RECIPE FROM Kitchen Stadium

### S'mores Stuffed French Toast



#### INGREDIENTS

- 2 large eggs
- 1-1/2 cups 2% milk
- 10 whole graham crackers, coarsely crushed (about 1-3/4 cups)
- 1 tablespoon butter
- 8 slices French bread (3/4 inch thick)
- 1/2 cup milk chocolate chips
- 1/2 cup miniature marshmallows
- Chocolate syrup, optional

#### DIRECTIONS

1. In a wide shallow bowl, whisk eggs and milk until blended. Place graham cracker crumbs in another wide shallow bowl.
2. Grease a griddle with butter, heat over medium heat. Dip both sides of bread in egg mixture, then in crumbs, patting to help coating adhere. Place bread on griddle; toast 2-3 minutes on each side or until golden brown. Sprinkle chocolate chips and marshmallows over each of 4 toast slices; top with remaining toast. If desired, serve with chocolate syrup.





# HAPPY Birthday

## October

- 1 Emmett Ulloa
- 2 Tate Goldman
- 3 Matthew Cohn
- 4 Jordyn Etzkin
- 6 Thomas McNamara
- 6 Sloane Shapiro
- 7 Hailey Farber
- 7 Samuel Keltz
- 8 Sadie Fink
- 9 Noa Herman
- 10 Jorin Krupitsky
- 10 Emmie Merriam
- 11 Emily Heller
- 11 Annie Lewis
- 13 Dylan Davis
- 13 Jake Schorr
- 16 Savannah Gittleman
- 17 Maya Horowitz
- 17 Brett Kaplan
- 18 Dylan Attman
- 18 Olivia Loe
- 20 Lily Keltz
- 20 Eden Weisel
- 21 Samantha Bell
- 21 Alexandra Lapiana
- 23 Hope Esposito
- 27 Sayres Brodlieb
- 27 Aiden Fischel
- 27 Sydney Greenberg
- 27 Jonah Kleinman
- 27 Nina Tobias
- 31 William Soderholm

## November

- 1 Peter Shaknes
- 1 Ori Yoran
- 2 Evan Boxer
- 3 Jane Grossman
- 3 Reid Grossman
- 4 Lucas Weinfeld
- 7 Stella Ben-Canaan
- 8 Jordan Sanders
- 9 Vivian Kelly
- 10 Madeline Crotty
- 10 Saige Hasson
- 11 Jake Nalitt
- 12 Maceo Brown
- 13 Lillian Heard
- 14 Benji Etzkin
- 14 Sophie Penner
- 14 Zoe Zaremski
- 15 Evyatar Yaya Edelman
- 15 Matthew Goldstein
- 15 Harlow Wiles
- 16 Annabelle Bernstein
- 17 Aroosha Bashi
- 17 Joshua Bijari
- 17 Hudson Oziel
- 18 Abigail Wechsler
- 20 Kyle Cicco
- 20 Lainey Lebowitz
- 20 Jake Levy
- 21 Blake Goldman
- 21 Alexis Handler
- 21 Olivia Medina
- 21 Griffin Taheri
- 24 Ethan Taylor
- 25 Eden Baer
- 25 Joanna Chertoff
- 26 Laika Bloom
- 26 Alexandra Setton
- 28 Brandon Lapiana
- 30 Alivia Donaldson

## December

- 1 Tyler Gallow
  - 4 Parker Davis
  - 4 Lucas Male
  - 4 Phoebe Male
  - 5 Eva Spiegeland
  - 6 Madeline Projansky
  - 7 Jenna Reed
  - 8 Maggie Lipps
  - 8 Zoe Lipps
  - 8 Ella Mirsky
  - 8 Daniel Zirlin
  - 9 Ryan Attman
  - 9 Danielle Lazear
  - 10 Alexa Wessner
  - 12 Parker Birnbaum
  - 12 Hudson Crotty
  - 13 Ciara Campbell
  - 15 Alex Lewis
  - 15 Guy Riskind
  - 16 Eli Schoenberg
  - 18 Leo Blank
  - 19 Elina Kamensky
  - 20 Daniel Mirsky
  - 22 Jack Sisco
  - 22 Jason Stransky
  - 23 Jake Anderson
  - 23 Jack Moscov
  - 30 Aiden Parker
  - 30 Emmi Ross
  - 30 Emily Tepp
- 

# The Amazing Power of Camp & Project Morry

Community service has always been at the core of values for Iroquois Springs, something we stress at camp, understanding the importance of community service and giving to others not as fortunate as us. Typically, each summer, our Counselors in Training (CIT's) spend a day at Project Morry, getting to know their campers, understanding their values, and participating in camp activities with both of our camp communities working as one. Although we could not physically be together this summer, we made it a point to continue the work we have done and instill the common values that are so important to both Iroquois Springs and Project Morry. Understanding what makes Project Morry so special gives our CIT's a better perspective of why we raise money to support such a wonderful cause and most of all, creates an awareness about the opportunity that summer camp offers to campers from all social and economic backgrounds. Listening to CIT's talk about Project Morry is truly heart-warming. It puts into perspective the opportunities that have been afforded to each of them and reminds them what it means to give back, what it means to help others and what it means to help raise awareness for those not afforded the same opportunities we may enjoy.

An annual summer event at Iroquois Springs is our **Project Morry Swim-A-Thon!** Our CIT's brought so much energy and excitement to this most special day at camp. Our entire CIT group worked together to facilitate an incredible full camp event. Each camper participates throughout the day,

and amazingly, we continue to swim more laps and have raised more money for this truly special organization than any other Swim-a-Thon in the past. We especially want to **thank the Iroquois Springs family of campers, parents, and staff** as they always step up to the plate and helped to make a difference in the lives of so many less fortunate kids. Your continued contributions and dedication to this program will give the gift of summer camp to youth for years to come.

We are thrilled to announce that once again our camp community **raised over \$10,000 for Project Morry**, simply amazing! Acts of kindness as demonstrated above truly highlight the deep connection that our camp families have to the essence of camp for all and the power that a summer at sleepaway camp has on those fortunate enough to experience it.

To find out more about Project Morry, please check out their website at: [www.projectmorry.org](http://www.projectmorry.org).



## A Message From the Camp Office

Fall is a fantastic time of year to enjoy the fall foliage, formulate goals for the new school year, and reminisce on the recent camp season. With the summer of 2022 behind us, we have had the opportunity to do all these things here in Rock Hill. Our community of campers, staff, and camp families allowed their resilience and kindness to present themselves in various and unique ways this summer.

Everyone involved in the I.S. community during the summer of 2022 has challenged themselves in one way or another. The individual growth from that is the very essence of why we immerse ourselves in the camp environment. I, for one, am fortunate to have found a work home like Iroquois Springs. Being that it was my second summer on the job, it brought on new challenges in a familiar environment. The support and encouragement from everyone around me reiterated that I made the right choice by joining the camp world full-time at Iroquois Springs.

Effective communication at camp is the heart and soul of the camp community. It allows all the moving parts at camp to work cohesively towards a seamless and extraordinary experience. This summer felt "more normal" with trips and inter-camp games, allowing further camper and staff growth. For us in the office, these activities gave us new challenges to know the facts and ensure essential and precise information was relayed to our camp families.

The summer of 2022 left the Iroquois Springs office team inspired. I am proud of our talented office team, which garnered confidence from our camp families and community, which some camps can only dream about. Everyone we crossed paths with, campers, staff, and parents gave us enthusiasm and determination to be the best version of ourselves, all while being effective communicators. I am so beyond grateful for the office staff this summer. In reflection, what I noticed was that the cohesiveness of everyone's strengths and weaknesses is what led to our success.

For this, I would like to thank and congratulate the 2022 office team, **Robin, Heather, Kristin, & Kate**, for a job well done. Their collaborative work and dedication reiterated how camp communication directly correlates to the family experience.

Inevitably, safety was at the core of our minds, and still, we were able to let loose and be amongst continuous laughter and fun. This summer, I learned a lot as a camp professional, and I look forward to applying my lessons learned to make Summer 2023 another great one!

Looking back, this was an extraordinary camp season that will stick with us for a long time. We appreciate all the efforts that made the summer of 2022 a success. Looking ahead to 2023, please be sure to reach out with any feedback or camp questions!

Happy fall, Jared





## BOYS SIDE STUFF WITH JOSH

I remember saying during our last line-up, "24 hours from now it is going to be really quiet on Boys Side." It feels like we were arm in arm singing some of our Boys Side favorites just days ago. Minutes after the

last bus rolled out of camp, I went to the flagpole to take in the silence. It was eerily silent and deafening at the same time. Although, there was not much noise at all, the memories of the summer of 2022 flooded my mind. It felt like it had only been minutes since everyone was stepping off the busses. I closed my eyes for a moment and wished that it really was the start of the summer and not the conclusion of it. Unfortunately, I was wrong. The memories of our Boys Side campfire at Deer Hill, laughing at line-up, hearing swooshes during the knockout tournament, getting splashed with mud during the Mud Run and the junior fort battle all seem like a distant memory. These are the memories that will get you through the days that you wish you were in Rock Hill with your best friends. Don't worry: You'll be hanging out on your porch during rest hour before you know it.

I want to take this opportunity to remind everyone that the lessons we learn in camp are lessons that should be carried out throughout the winter too. The conversations that we had about healthy competition, losing with grace and class will help you navigate possible situations when you are not in Rock Hill. Camp is the number one place in the world and having the ability to take camp with you everywhere you go

is the best part of Iroquois Springs. Camp is such a defining aspect of who we are. The Group Leaders and I are proud of all that you have accomplished and know that everyone will carry themselves with pride and be the Difference Maker that we often speak about. Please continue to share your SPARK moments with us. We love to hear about all the positive things that you are doing all winter long.

I have received so many messages from your counselors while many of them were traveling the world. They are often wearing their Iroquois Springs shirts in their pictures and the sense of pride they show while doing so is obvious. I want to send them a huge thank you for all their hard work. You woke up early and stayed up late to ensure that your bunks had the best summer ever. I want to take this opportunity, along with the GL's, to thank the male counselors for all their hard work and efforts. Your campers are all better people because of all of you. The time spent with your campers at activities or the conversations that you had while hanging out are moments that they will never forget. I also want to send a huge congratulations to our first-time campers. You did it!

I cannot wait to get back to Iroquois Springs for our 23rd summer. We have tons in store for you and we cannot wait for the summer of 2023 to begin.

**Be well and stay safe**  
**- Josh**

## Dates to Remember

- Spring Mailing - Wednesday, February 1st**
- Maryland Reunion - Announcement Coming Soon**
- Florida Reunion - Announcement Coming Soon**
- Tri-State Camp Conference - Tuesday, March 14th to**  
**(Office Closed) Thursday, March 16th**
- Camper Forms Due - Saturday, April 15th**
- NY Camp Reunion - Saturday, April 29th**
- New Family Orientation - Sunday, May 21st**
- Area Pick-Up for IS Baggage Service - Sunday, June 18th**
- Opening Day - Saturday, June 24th**
- Visiting Day - Saturday, July 8th**
- Rookie Day - Sunday, July 9th**
- Session #1 Ends - Friday, July 14th**
- Session #2 Begins - Saturday, July 15th**
- Explorers Camp - Saturday, July 22nd – Sunday, July 23rd**
- Senior Trip - Sunday, July 23rd – Wednesday, July 26th**
- Campers Return Home - Friday, August 4th**